My Speak Life Commitment

FIELD TOOL

My Speak Life Commitment. Before you put this book down, write your answers. Keep this page where you will see it on a hard day.

Speak life to them

One person I will speak life to this week:

_____

What I will say:

_____

Speak life to myself

The words I need to hear on a hard day:

_____

Speak life in the system

One partner, coworker, or leader I will encourage:

_____

One small change I will make on my team:

_____

From Words Worth Speaking by Jessica Pierce. Free to copy and share with your team and the people you serve.
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